



COSUMNES OAKS HIGH SCHOOL ATHLETIC DEPARTMENT

PARENTS' CODE OF CONDUCT

The purpose of our Athletic program, at Cosumnes Oaks High School, is to help our Student/Athletes become men and women of empathy and integrity who will lead, be responsible and change the world for the good.

- Support the coaches by applauding behavior in your child and his/her teammates that demonstrates characteristics on integrity, empathy, sacrifice and responsibility.
- Acknowledge and appreciate players' growth toward maturity and their efforts toward establishing stronger relationships with teammates, coaches and themselves.
- Affirm your son or daughter and his or her teammates when good character, healthy sportsmanship and other-centered behavior are displayed. Do not affirm his or her athletic performance or a victory.
- Serve as role models for our players, talking politely and acting courteously toward coaches, officials, other parents, visiting team parents and spectators at practices, games and meetings.
- Model good sportsmanship. Acknowledge and applaud efforts of team members and opponents. Accept defeat graciously by congratulating the members of the opposing team on a game well played. Support the team regardless of how much or how little your son or daughter plays or what the win-loss record is.
- Encourage your child and his or her teammates with positive statements, even when they make mistakes. At every practice they are growing physically and emotionally. At every practice they are learning moral and ethical lessons. At every practice they are developing character.
- Refrain from boasting about your child's accomplishments.
- When problems or questions arise, please have your son or daughter present the problem to his or her position coach. We want players to develop self-advocacy. After meeting with his or her position coach, if the issue requires more clarity, contact the head coach.

Because I am a parent with the power and platform to make a positive difference in the life of every player, I commit to this code of conduct. When failing to live up to these standards, I will allow for accountability and take responsibility

Signature

Date