



COSUMNES OAKS HIGH SCHOOL

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2014/2015

Dear Parent/Guardian:

Your son/daughter is enrolled in a high school health class, which is a graduation requirement in Elk Grove Unified School District. This letter is notification that a unit in comprehensive sexual health education, including STI/HIV/AIDS prevention education, is going to be taught in the class. The topics that will be covered include:

- Decision-making
- Anatomy and physiology of the reproductive systems
- Conception and fetal development
- Pregnancy and childbirth
- Contraception
- Sexually transmitted infections (STI), including HIV/AIDS prevention

California state law requires that HIV/AIDS prevention education is taught in middle school and in high school. If comprehensive sexual health education is taught, the District shall follow state laws (California *Education Code* Section 51933). The District may not pick and choose topics to teach.

HIV/AIDS prevention instruction includes:

- Information on HIV/AIDS and how it affects the body.
- How HIV is and is not spread.
- Discussion of ways to lower the risk of HIV, including sexual abstinence and the latest medical information on ways to prevent sexually transmitted HIV infection.
- Discussion of the public health issues related to HIV/AIDS.
- Places for HIV testing and medical care.
- Making good decisions and staying away from risky activities.
- Discussion about society's views on HIV/AIDS, and people with HIV/AIDS.

Your child's health teacher, who has completed the training required by the Elk Grove Unified School District, will teach it. Your child's teacher would be happy to discuss with you and/or show you the materials that will be used in class. If you wish to arrange a meeting with the teacher, please contact the school secretary at (916 686-7670).

If you would like to receive a copy of Chapter 5.6 of the California Education Code, titled California Comprehensive Sexual Health and HIV/AIDS Prevention Education Act, please call the district office at 686-7797, extension 7407 to request a copy be mailed to you.

State law allows you to remove your student from comprehensive sexual health education or HIV/AIDS prevention education. If you *do not want your student to participate* in the comprehensive sexual health or HIV/AIDS prevention instructional program, please give a note to your student's Health teacher Mrs. Bettencourt and Mr. Chapin by _____. An alternative educational activity will be made available to pupils whose parents or guardians have requested that they not receive the instruction.

The goal of a comprehensive sexual health education program is to help students learn the facts, communicate with their parents and to make good decisions now, and later in life.

Sincerely,


Principal, Cosumnes Oaks High School